

2026
11.18 (wed.) 12:10
12:50

12:10-12:15

◆ Introduction

12:15-12:40

◆ Seminar
(Presentation)

12:40-12:50

◆ Q&A

Online
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Kampo Medicine Approaches to the Treatment of Medically Unexplained Symptoms



Key Words

Kampo**Medically Unexplained Symptoms****Traditional Chinese Medicine****Lecturer Junko Miyata**

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After graduating from the School of Medicine at Kumamoto University in 2001, she joined the Department of Pediatric Surgery at Kyushu University. Following clinical training at Kyushu University Hospital, Oita Prefectural Hospital, and Kyushu Medical Center, she pursued both clinical practice and research, earning a Ph.D. in Medical Science in 2011 for her work on ischemia-reperfusion injury in small bowel transplantation.

She subsequently trained in Kampo medicine under Dr. Eiichi Tahara at Izuka Hospital and Dr. Mosaburo Kainuma at Kyushu University Hospital, becoming a board-certified Kampo specialist in 2016. Currently, she provides Kampo treatment for symptoms associated with chronic diseases, rare disorders, and developmental conditions through the Pediatric Kampo Clinic at Kyushu University Hospital, while also contributing to Kampo medical education.

In the field of pediatric surgery, she specializes in the care and research of cloacal malformations and actively promotes patient support and advocacy.

She is a Board-Certified Instructor and Specialist of the Japan Society for Oriental Medicine.

Medically unexplained symptoms refer to a variety of complaints for which no abnormalities can be identified despite thorough medical examinations. Such symptoms can be frustrating for both patients and physicians. Patients who have suffered from these symptoms for many years often ask, "Why can't the cause be identified?" or "Why can't I be cured?"

In Western medicine, treatment generally depends on identifying the underlying cause of a disease. Kampo medicine, however, approaches patients from a different perspective. Even when the cause cannot be explained by Western medical standards, Kampo practitioners evaluate the patient's condition based on a diagnostic pattern, known as a sho (pattern), which reflects the constellation of symptoms and signs presented by the individual. This unique approach allows for treatment aimed not only at symptom relief but also at addressing the underlying imbalance, and in some cases can overcome therapeutic limitations encountered in Western medicine.

In this lecture, I will introduce the Kampo medical perspective on medically unexplained symptoms and discuss practical treatment strategies based on Kampo medicine.